

“Building HEALTHY and EDUCATED communities in Nepal”





WHO WE ARE

Action for Nepal is a successful, high performing community-centric organisation. We build healthy, educated and sustainable communities in Nepal through well-designed projects, effective strategies and strong partnerships. We are committed to respecting, protecting and promoting internationally recognised human rights. This includes civil and political, economic, social and cultural rights, with particular emphasis on gender equality, protection of children, disability rights and the rights of minorities, vulnerable and marginalised groups.



63+
local partners

AREAS OF WORK

We have three focus areas in the remote communities of Nepal in which we work:

1. Health: To ensure no women or children die from preventable causes
2. Education: To secure quality basic education for all children
3. Water: To deliver sustained access to clean drinking water



worked with **9**
local and the national
government

OUR VISION



We aim to build healthy and educated communities in Nepal.

OUR MISSION



We are on a mission to empower local communities to develop resilience through improved health outcomes, education and economic sustainability



OUR VALUES

Action for Nepal is an open, transparent and accountable organisation founded on the principle of assisting those in need and undertaking all transactions with integrity.

We are strictly against discrimination on the basis of ethnicity, caste, gender, sexuality, age, religion, political beliefs or social status.

We collaborate with our partners ensuring a community centric approach and community ownership in all development activities. We treat all community partners with respect and dignity while designing and implementing well founded, appropriate programs that are solution oriented, cost- effective and sustainable.



OUR PROJECTS

Education

The Literacy Improvement Programme in Solukhumbu (LIPS) is a project funded by the Himalayan Trust New Zealand and the Ministry of Foreign Affairs and Trade New Zealand (MFAT), to support the Nepal Ministry of Education to improve the foundational reading skills of primary school students in grade one through three in the Everest region of Nepal.

The Programme is based on three core principles:

- Literacy – reading and writing are critical foundational needs for students' learning in any subject.
- Grade and multi grade teaching is more effective than subject teaching for early grade learning.
- Head teachers, teachers and parents need to work in partnership to improve student literacy.



Health

Many rural communities in Nepal still face major challenges in maternal and child health. Most of these challenges are attributed to lack of health literacy and so, to address this, Action for Nepal has been running the following programs:

Health literacy program to:

- Increase health awareness among local people
- Build understanding of health issues in schools
- Empower local people to make the right health decisions

Infrastructure and human resource support to:

- Improve the built structures and facilities at local health posts
- Increase the number of skilled health professionals through provision of scholarships to local people

Free health camps to:

- Provide maternal and child health care, including oral health and reproductive health



Building and Beautification Project

The majority of schools in remote communities still have poor physical learning environments. The condition of the learning environment is closely related to improved learning outcomes.

Since a safe and engaging learning environment is a necessity for better educational outcomes, we work to:

- Repair and build classrooms
- Provide student-friendly desks and benches
- Build student-friendly toilets
- Ensure access to clean water





Water Project

Lack of proper water access predominantly affects children and women in terms of education, health, and loss of income opportunity. We have been implementing water projects in rural Nepal considering all these underlying problems.

WHY WATER?



Fewer Diseases

In 2016, 422 per 1000 (under-five years children) in Nepal suffered from diarrhoea, which could be prevented with clean water supply.

*Nepal Ministry of Health



Women Empowerment

81 percent of the working population in Nepal is engaged in agriculture. Among them more than half are female farmers. With a proper water supply, women will earn more income.

*UN FAO

*Central Bureau of Statistics, Nepal



Education

In rural Nepal, young girls during their menstrual period miss out on their classes due to lack of water facilities in school toilets. More than 4 in 10 people in Nepal don't have a decent toilet. *Water Aid UK / Nepal



Saves Time

In some parts of Nepal, mostly women and girls spend hours in water collection, thus reducing their income opportunity.



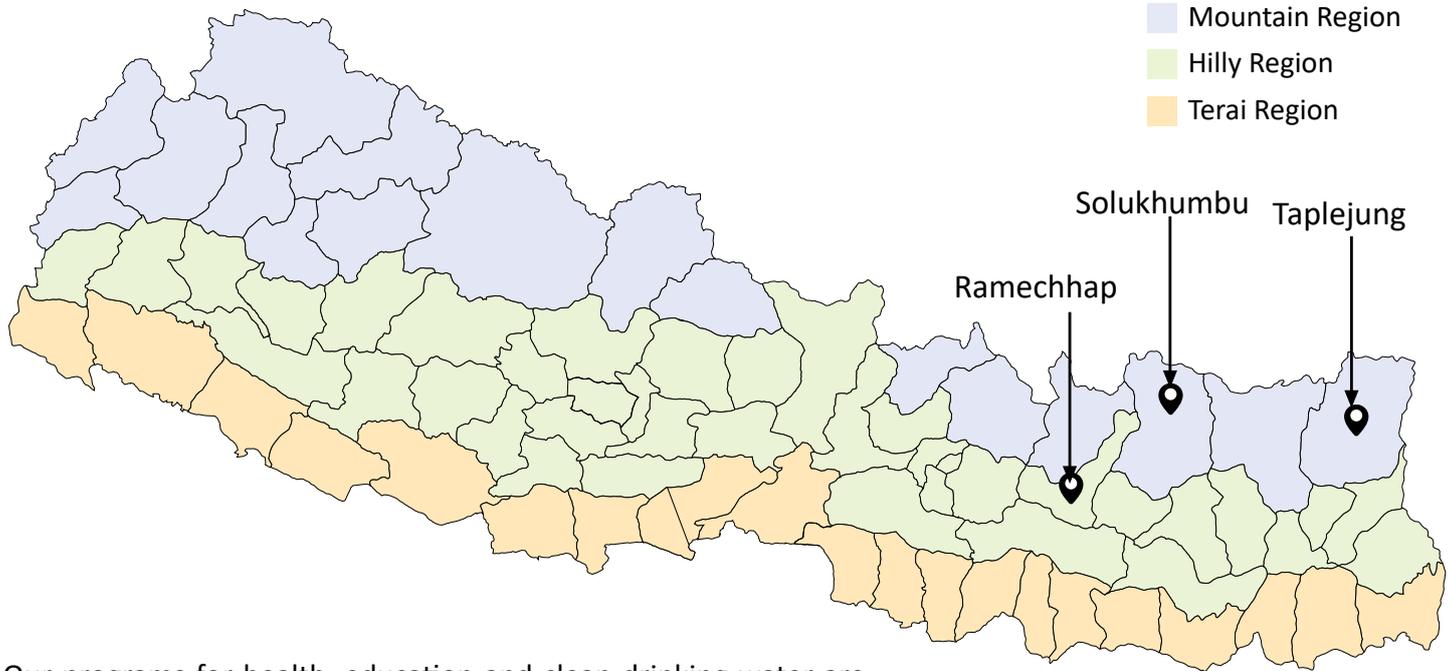


Disaster Management Project

Over the years, Nepal has witnessed many disasters which resulted in huge loss of life as well as massive infrastructure damage. During such events, poor communities are often the most severely affected. When these events occur, Action for Nepal carries out recovery and response projects in the affected areas.

The massive earthquake in Nepal in 2015 caused huge loss in different parts of Nepal. To help earthquake victims, we have been building permanent earthquake resistant shelters for families who lost their homes.

WHERE WE WORK



Our programs for health, education and clean drinking water are in three different remote areas of Nepal. In addition, we respond to any humanitarian crisis in Nepal and will adapt to any changing circumstance in the future.

IMPACT STORIES

“After implementation of the Literacy Improvement Programme at our school in Namche, I found substantial improvement in my students’ reading comprehension skill, creative thinking, spelling, vocabulary and overall academic achievement. This program also helped me gain deeper understanding on quality literacy teaching.” says Pemba Diki Sherpa, teacher at Shree Himalaya Basic School



“I was always aware of pain in my lower abdomen but I had no idea about the possibility of its treatment. Also the district hospital takes almost 2 days from here. I am grateful that I could attend the free health camp for treatment.” says Subitra Rai, Yamphudin, Taplejung

IMPACT STORIES



“Being a single mother of six children, it was especially difficult for me to cope with the disaster. I lost my home and felt hopeless until I came to know about the earthquake rebuilding project in Solaban. Now, I am hopeful for a better future for my children.” says Pema Lhamu from Solaban, Lower Solukhumbu.



“Due to lack of a proper water supply, we’re compelled to walk hours to collect water by crossing the nearby forest which limited our time for other income generating activities. Now with this new drinking water project, it will benefit all generations in coming days – old people, young people and school children. We will be able to use the water for various purposes like agriculture and cleaning. We, all the villagers have high hopes, thanks to this project.” says Pasang Diki Sherpa from Musey.

OUR PARTNERS



Australian Government
Department of Foreign Affairs and Trade



NEW ZEALAND
MINISTRY OF FOREIGN AFFAIRS & TRADE
Aid Programme



HIMALAYAN
TRUST
FOUNDED 1960
BY SIR EDWING HILLARY

AUSTRALIAN
HIMALAYAN
FOUNDATION


HIMALAYAN
TRUST UK



ND
Trinidad and Tobago

Michael Dillon



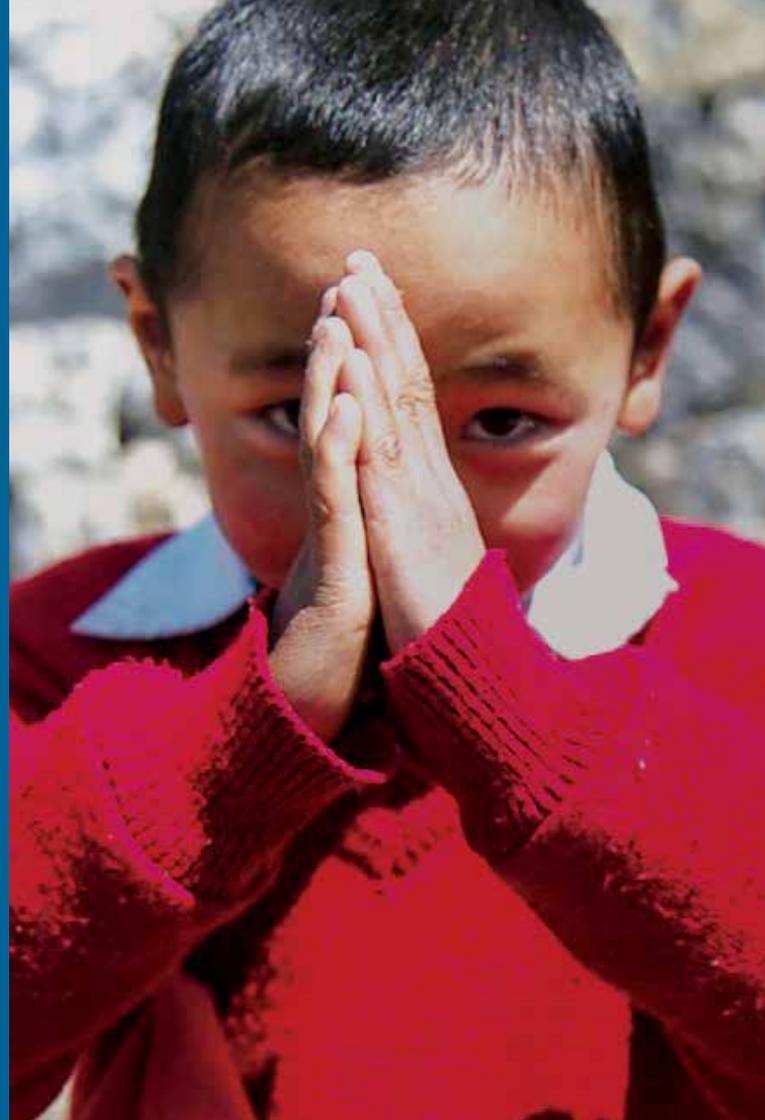
Himaganga Fund
Australia

AF-Nepal
Austria

THANK YOU

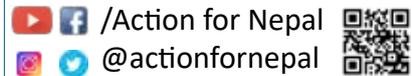
There is still a great need for health, education and clean drinking water projects in other rural and remote areas of Nepal. We want to reach out to these deprived communities and help them get the basic necessities.

We are truly inspired by the commitment of our existing supporters and thank them for their contribution. You can support our work by donating to our specific projects or by making a general contribution.





Swarnim Marga 61, Sundar Tole,
Boudha 6, Kathmandu Nepal
actionfnepal@gmail.com
+977 01 4915979



Read more about our work at
www.afnepal.org