



IN THIS ISSUE

COMMUNITY ENGAGEMENT IN BUNG

COMMENCEMENT OF NURSE FOR NEPAL PROJECT IN CHESHAM AND WAKU, LOWER SOLUKHUMBU

FREE UTERINE PROLAPSE HEALTH CAMP

Annual Planning and Review Workshop

-Literacy Improvement Programme in Solukhumbu (LIPS)

In April 2018, 3 days Annual Planning and Review Workshop was conducted to discuss on our Literacy Improvement Programme's progress over the previous years during which the school's head teachers and teachers of 11 schools in Khumbu region had been provided information on LIPS strategies. The teachers under the LIPS training presented their evidence- based learning achievements of LIPS Year-2 and discussed the challenges that have been slowing the progress of our literacy targets in the Khumbu region. One of the significant activity in the reflection workshop was to let each school demonstrate their understanding of 'First 90 Minutes Literacy Period' framework; and also to introduce the teachers to 'Teachers Guide for classroom management'.

Throughout the previous year, our literacy programme team had made three rounds of induction and monitoring visit in 11 schools of Khumbu region which are all compiled into LIPS MERI (Monitoring, Evaluation, Reporting and Improvement) Framework. Earlier this June, LIPS project team also completed their first round of visit to 11 school as a part of LIPS Year-3 activities.

First 90 Minutes Literacy Period	
Time	Activities
10 Mins.	Attendance, Sitting, Greetings & Home Reading Log
10 Mins.	News Sharing in Group
15 Mins.	Writing activities-Creative and Free Writing
10 Mins.	Reading Aloud by the teacher
15 Mins.	Shared Reading by the teacher
	Working in Group
20 Mins.	(One teacher to support guided reading group and other Independent activities group)
10 Mins.	Sharing of the group activities

Literacy Improvement Programme in Solukhumbu (LIPS)

KEY ACHIEVEMENTS



Photo: Student participating in creative writing session

The Literacy Improvement Programme in Solukhumbu (LIPS) is a four-year (2016 -2020) pilot project funded by Himalayan Trust New Zealand and Ministry of Foreign Affairs and Trade New Zealand to support the Ministry of Education's mission to improve foundational reading skills of primary school students in grade one through three of 11 schools at Everest region of Nepal. The program involves the whole school community, including parents, to improve the way literacy skills are taught and learned in the early years.

LIPS in numbers



11
schools under Literacy Improvement Programme



25
teachers under our Literacy Improvement Programme



413
students benefitting under our Literacy Improvement Programme



3978
children's books distributed



226
parents attended LIPS parents orientation



Photo: Our teacher coach reading Big Book to students

Bung Health Improvement Project

KEY ACHIEVEMENTS



Photo: Mother's health group meeting in Bung



Photo: Training session for facilitators of health project in Bung



9 locations of Bung, Maha Kulung Village Council, Lower Solukhumbu

This year in March and July, two facilitators under Bung Health Improvement Project were provided 3-days training on effective management of community level projects.

The training included strategies on conducting community meetings and ways to eventually bring improved social behaviour change.

The training has provided the facilitators on ways to effectively run community meetings in Bung, Mahakulung Village Council and facilitate dialogues relating to issues of maternal and infant healthcare.

Community meetings conducted in 9 locations of Bung

2. Discussion on existing causes of high maternal and infant deaths in Bung



1. Orientation program on the concept of Community Action Cycle

Bung Health Improvement Project is a three year project initiated in the year 2016 and funded by the Himalayan Trust New Zealand to improve maternal and neo-natal health in Bung, Lower Solukhumbu. We initiated this project with the concept of Community Action Cycle. This approach empowers the local communities to make informed health decisions, which eventually leads to sense of ownership and its sustainability. The community is involved in the entire process of problem identification, problem prioritization, planning, implementation and participatory evaluation. Overall, this project addresses both demand (local community) and supply side barriers (health facility/ health personnel).

Nurse for Nepal

KEY ACHIEVEMENTS



Photo: Training session for Female Community Health Volunteers (FCHVs) in Cheskhham

Cheskhham and Waku, Lower Solukhumbu

Achievements



 **18** FCHVs trained

 **200+** students attended our health awareness session

 Birth Preparedness Package

 WASH

 Family Planning

Nurses for Nepal is a three year project initiated in the year 2017 and funded by the Australian Himalayan Foundation to improve maternal and child health in Cheskhham and Waku of Lower Solukhumbu. We coordinate with authorities of Dudhkoshi Village council, Mahakulung Village Council, local health post staff and Female Community Health Volunteer to impart basic health awareness topics in primary and secondary school and local health mother’s group.

KEY ACHIEVEMENTS

Uterine Prolapse Health Camp

During this quarter, Action for Nepal conducted free Uterine Prolapse Health Camp in Yamphudin, Taplejung. A large number of Uterine Prolapse case is unaccounted because of lack of its awareness.

Through the health camp conducted in April 17 and 18, a total of 11 out of 155 cases were diagnosed. The patients were also referred to the zonal hospital for further treatment. Despite there being Nepal government's provision of free uterine prolapse treatment, very few know about it.



Photo: Free Uterine Prolapse Health Camp



11 out of **155** registrants diagnosed with uterine prolapse case

Scholarship programme

Action for Nepal, with funding support from Himalayan Trust UK have been providing scholarship programme to Female Community Health Volunteers (FCHVs). Two locals, who have also now been appointed as FCHVs are being provided scholarship to pursue Certified Nursing Assistant and Certified Medical Assistant course through funding support of Himalayan Trust UK. After the completion of their course, both the scholarship recipients are looking forward to serve their local health post in Yamphudin, Taplejung.



Yamphudin, Taplejung

Key priorities for coming quarters

In coordination with Action for Nepal and funding support from Himalayan Trust UK, a health post is being constructed in Yamphudin, Taplejung by construction team of REED Nepal. After completion of building the health post, Action for Nepal with funding support from Himalayan Trust UK will be coordinating medical equipment supply as well for the health post.

Solaban Earthquake Rebuilding Project



"Being a single mother of six children, it was especially difficult for me to cope up with the disaster. I lost my home and was hopeless until I came to know about this initiative. Now, I am hopeful for a better future for my children."
-Pema Lhamo, earthquake victim from Solaban



In this quarter, with funding support from Burwen Education Foundation, we built 8 houses for the earthquake victims in Solaban, Lower Solukhumbu. Likewise, in Phase I, we had built 6 houses for the earthquake victim families in Solaban.

Solaban is a tiny Sherpa village with 87 household in the Lower Solukhumbu District. After the massive Nepal Earthquake in 2015, 37 out of the 87 houses in the village were destroyed.

Staff Capacity Building Programme



In May 2018, Sally Ann Hunting, member of Finance and Governance Committee from Australian Himalayan Foundation conducted an engaging and insightful training on 'Governance Essentials'. The week long training provided the staffs and the Board of Directors on understanding of organizational strategy, organizational capacity, monitoring and evaluation, risk management and stakeholder engagement.



In March 2018, three-days workshop on 'Strategic Planning and Performance Appraisal' was conducted by Cindy Wilkinson for Action for Nepal staff. She is currently working as an Organisational Management Advisor for 'Survivors Nepal' at Kathmandu through DFAT (Department of Foreign Affairs and Trade), Australia. She is a result driven professional with extensive experience in senior management, strategic planning, organisational development, project design, monitoring and evaluation, organisational change management and financial management.

For further information:



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